

Threaded Arrow Stitch



Start by stitching a number of zig zags.
You could use straight stitches, or you could use fly stitches.

Bring the needle up at the start of the very first stitch.
Thread the needle underneath that first stitch, and underneath the next stitch (both the up and the down)





Still on top of the fabric, bring the thread around the peak of the zig zag, and thread underneath the first stitch, the second and the third stitches, as in the picture.

Continue in the same fashion, encircling each of the peaks and troughs of the zig zag.





The key is to try and make the 'circles' as even as possible, and not to pull the thread too tightly.

