Knitting Stitch



Knitting stitch is formed from rows of overlapping arrow head stitches. In this example, two strands of thread are used to show you the individual stitches. However, the stitches worked best with thicker thread, and the stitches closer together.

Stitch a vertical row of straight stitches, as in the picture below. You may find it easier if you draw to parallel lines with erasible pen.





Then stitch a row of the other side of the arrow heads.

The next step is another row of straight stitches – however, the tips of this row need to cross with the tips of the previous row.





Carry on for the required length of stitches.

Try it with different threads.