

## French Knot



French knots are easy when you've got the knack of them, but they can be quite tricky to master. If you're unsure, practice first.

The trick is get the tension right – not too tight and not too loose, and then you generally can't go wrong.

Start by coming up to the top of the fabric.

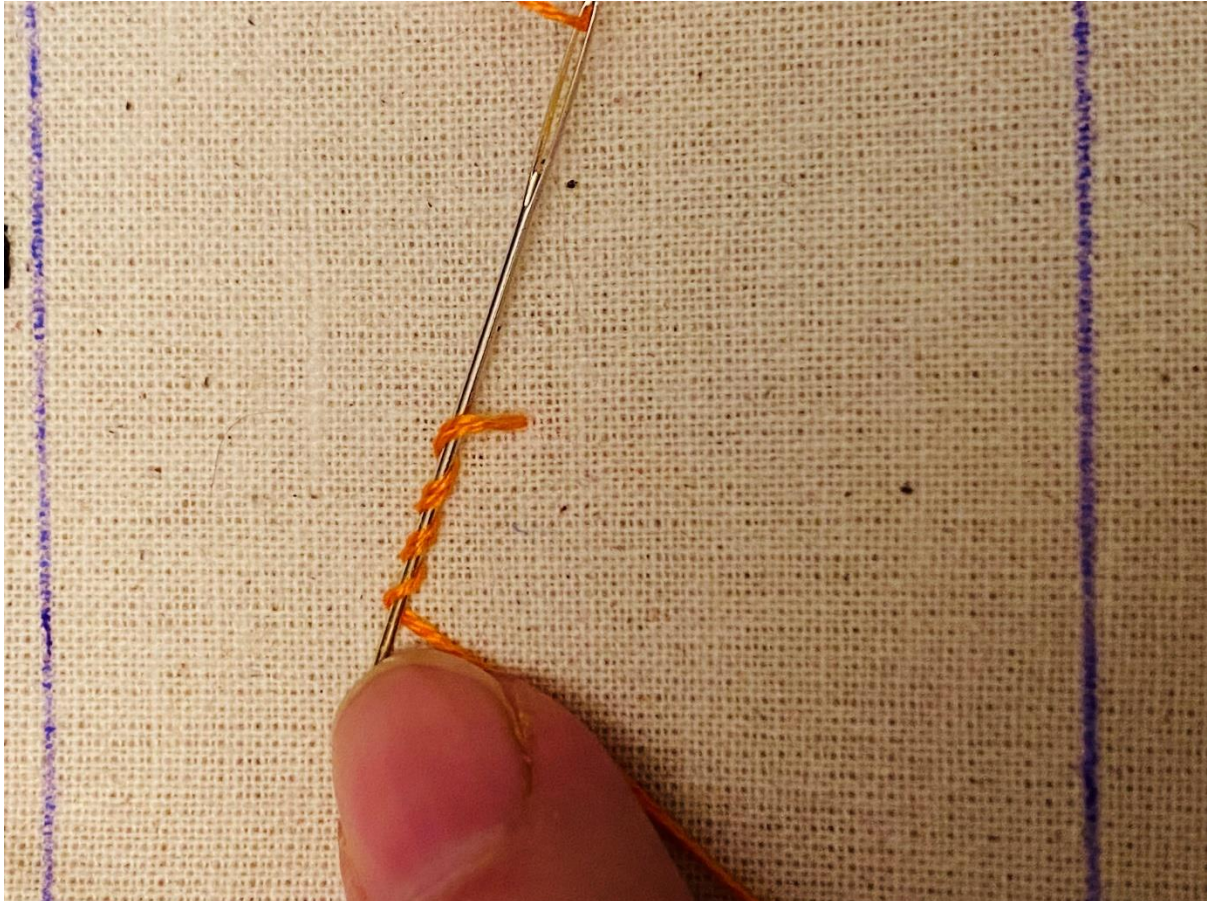


French Knots are two handed stitches – that is, you need both hands!

Holding the needle in your predominant hand, use your other hand to wrap the thread around the needle. There isn't a right/wrong number of wraps, but 3-4 is average.

This is where you need to be careful about your tension – too tight, and you won't be able to get your needle through the wraps. Too loose, and the knot will come undone.

A good test is if you can move the loops up and down the needle, gently, by pulling on the thread.



Put the tip of the needle into the fabric roughly where you came up (but not in the same hole, as the knot will become undone.

Once you have the needle tip secure, you can let go of the thread that you're holding with your other hand.

Pull the needle through the loops to the back of the fabric.



# Being Ewe



