## **Wheatear Stitch**



As the name suggests, this stitch looks like an ear of wheat.

We're going to be stitching in a line from the top of the square to the bottom. Start with a straight, diagonal stitch, from top left to bottom right, at the top of the square.



Then, stitch another straight stitch from top right to bottom left, making a 'V' shape. Come up about the same distance again as the stitches you've just done – below the bottom of the 'v' where the first two stitches meet.





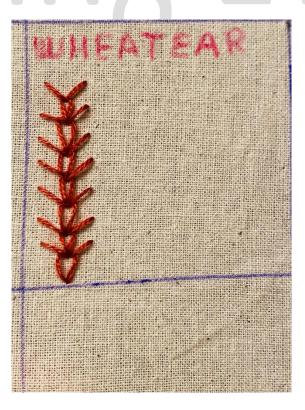
Bring the needle under the first two stitches, from right to left, and gently pull through.

Go back down in the same place as you came up, not pulling too tightly, so that the loop remains a rounder shape.





Carry on with the same stitch, down the square – the two diagonal lines of the next stitch start further up the loop of the previous stitch – so that the bottom of the 'v' meets the bottom of the loop.





Play with the stitch – trying out different lengths and widths. Try and keep the stitch even within each length.

