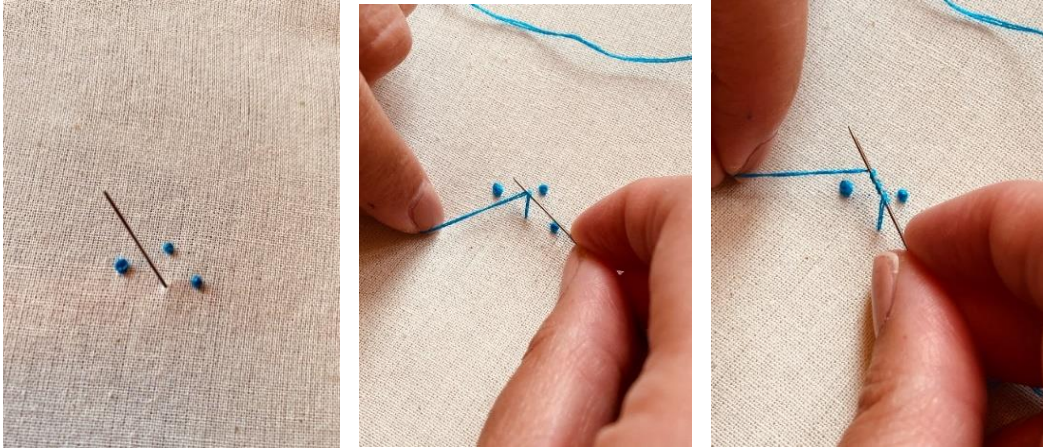# French Knots

Pull the needle through the fabric to the front.
Holding the needle, wind the thread around the needle from the back to the front, and repeat so you have three turns of the thread around the needle. Make sure the turns are as close to the fabric as possible.

Insert the needle back into the fabric close to the initial hole and carefully pull the thread through to the back of the fabric.