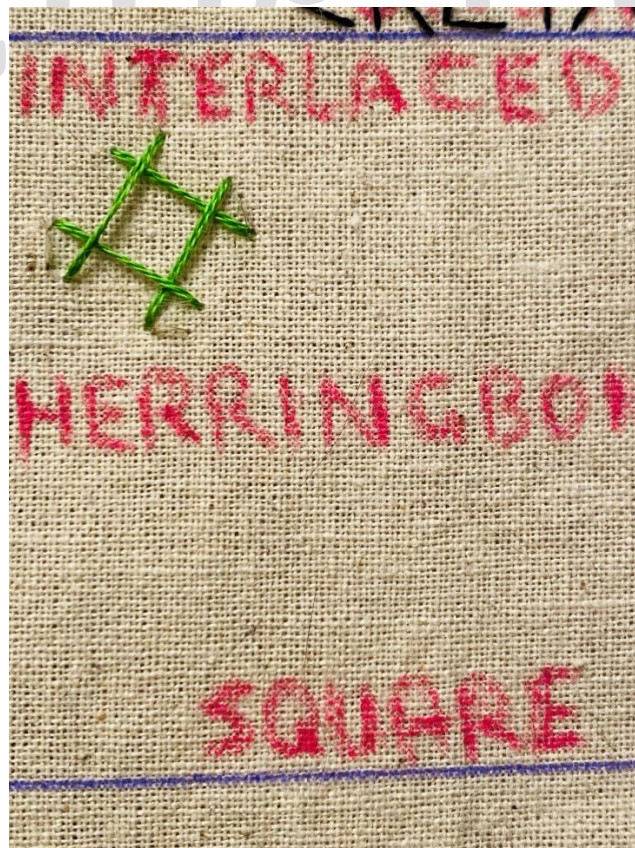


Interlaced Herringbone Square



This stitch is a version of weaving, where you create the grid (the square) and then weave around it. The picture above shows the grids (the squares) in both pink and green, and then the weaving in a contrasting colour (predominantly so that you can see what you're doing!)

Because the stitch has such a long name, I've written it into the square first, and then stitched in the remaining space.

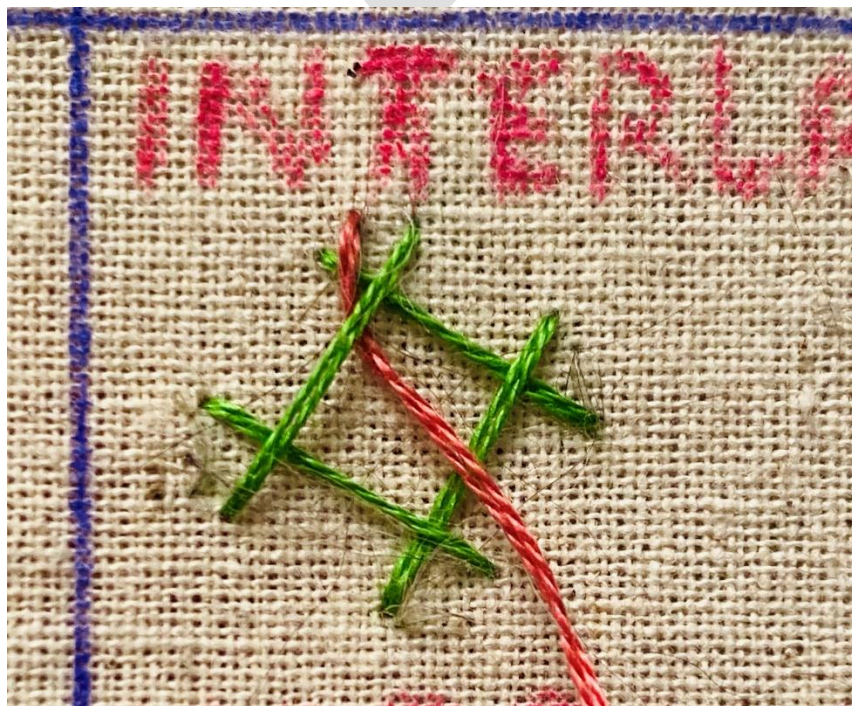




Start by stitching your grid – 4 straight stitches, in a square shape on its side, with the ends crossing each other in a herringbone style – see picture if that doesn't make sense!

Then rethread with your second colour. Come up between the 'spokes' of the top corner of the grid, as in the picture.

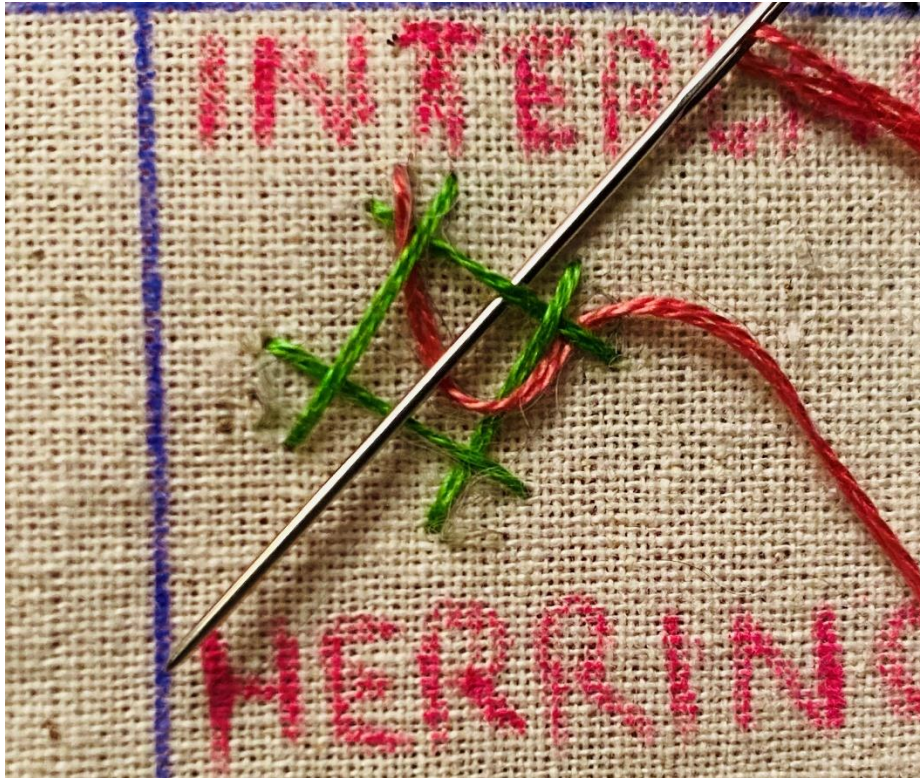
Bring the needle left hand stitch, from left to the middle.





Take the thread over the bottom right stitch, then thread the needle underneath the bottom spoke of the pair at the left of the grid.



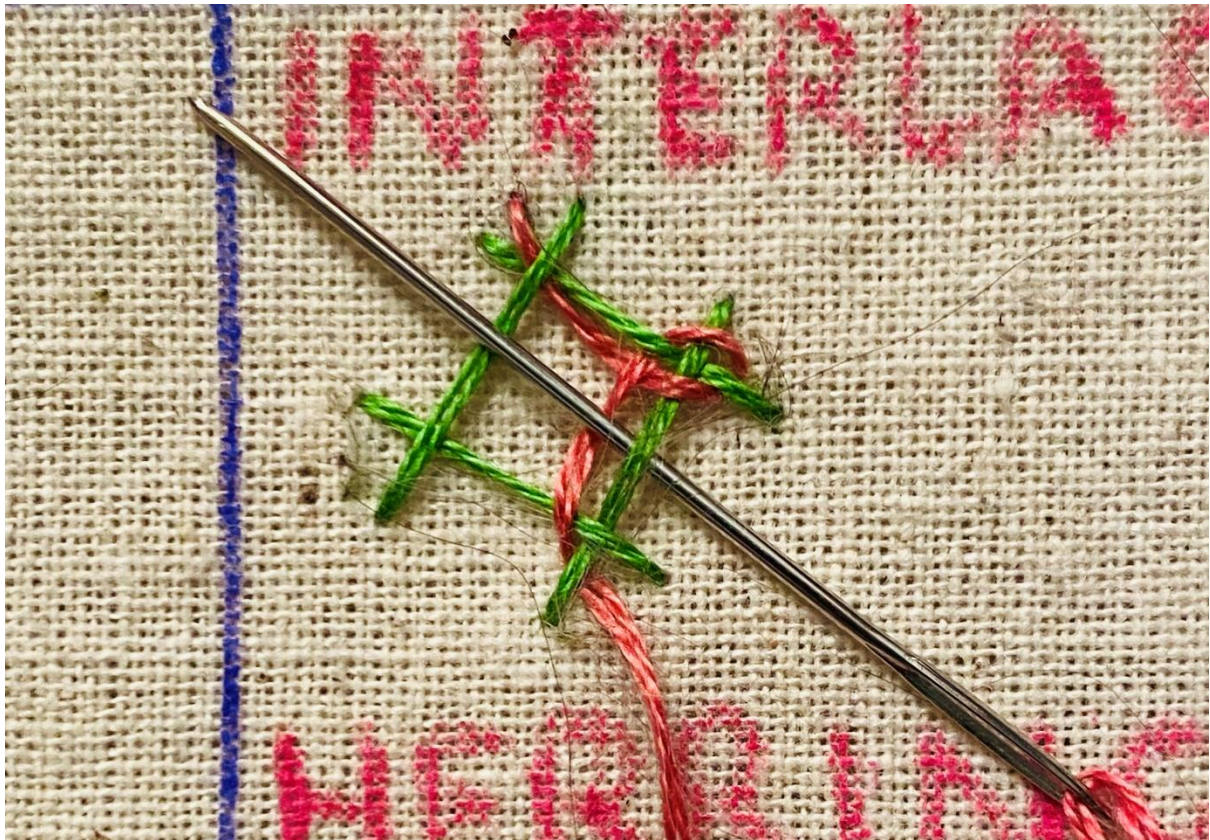


Thread your needle underneath the top right stitch from the top to the middle of the grid – and then take it over the stitch at the bottom left. Make sure that you're taking the needle over the start of the thread, in the middle of the grid.

Be careful not to pull the stitches too tight – you want to see the loops.

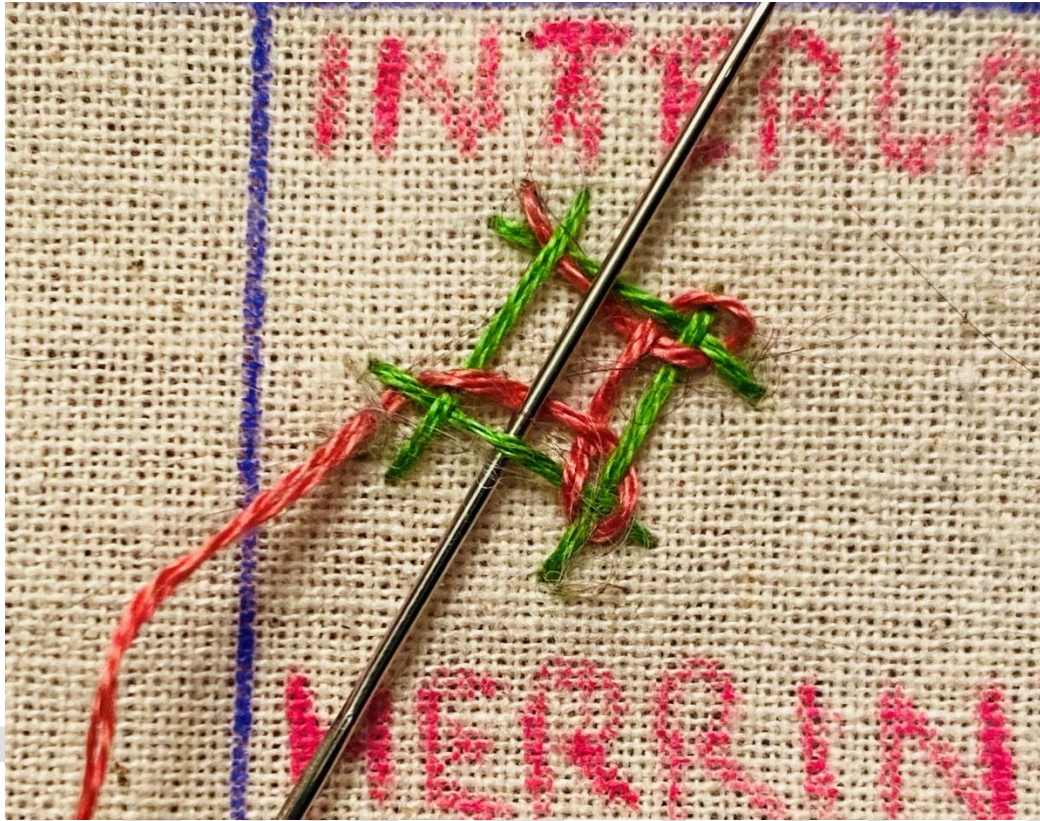
Then it's time to loop around the bottom spokes, in a similar way – take the needle underneath the left of the spokes at the bottom, from left to right.





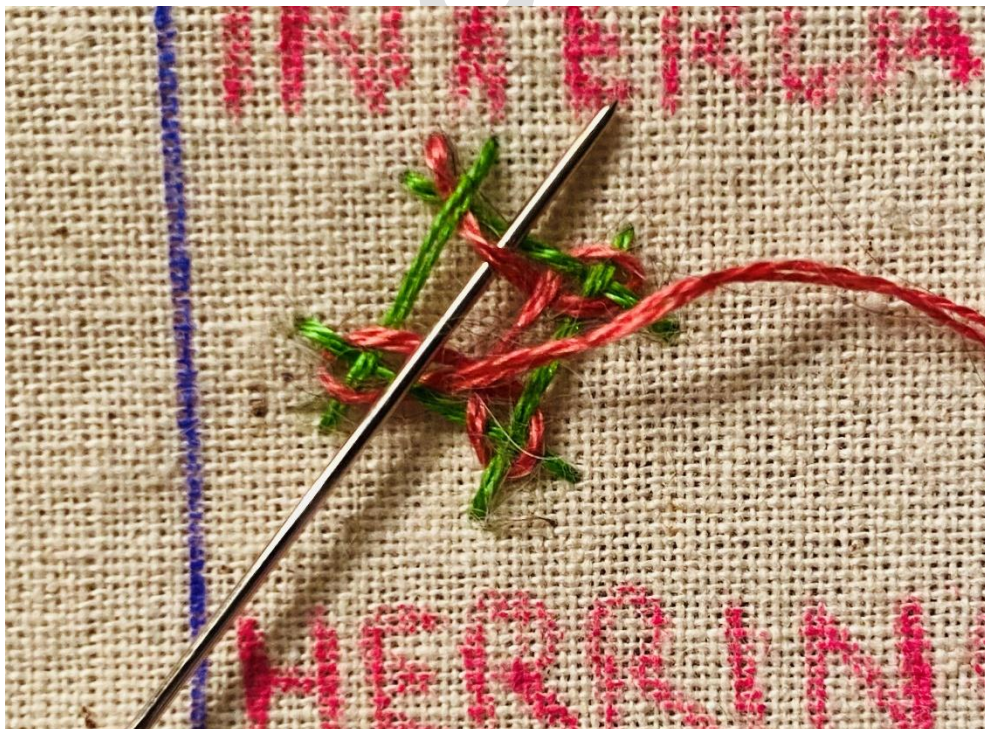
To complete the loop, take the needle underneath the bottom right stitch, from right to left – making sure, again, that you’re passing the needle OVER the pink thread in the middle of the grid. Then repeat for the next loop – taking the needle under the further away spoke of the next pair, from right to left.





Again, making sure you don't pull the thread too tightly, take the needle under the bottom left stitch of the grid, and over the pink thread in the middle of the grid.

To complete the last loop, take the needle underneath the start of the pink thread and over the green grid line as in the picture.





To finish, take the needle under the spoke, back to where you started.

Finish the stitch by going back down to the back of the fabric where you started.

Then play with colours and angles.

