

Stem Stitch



Start by stitching a straight stitch, but at an angle.
Next, stitch another straight, diagonal stitch – this time, start your stitch halfway (or so) up the first stitch.



If you want to practice, continue stitching diagonal stitches like this, in a straight row.
For this exercise we're using stem stitch for what it is often used for – to stitch curves.
Therefore, each new stitch will start flush up against the previous stitch, but will go back down through the fabric a little way away from the previous stitch.



Continue in this fashion, stitching in a circular direction.
You can follow the shape below, or make your own shape up.





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