Chain Stitch



The chain stitch is the basis of a whole host of stitches.

Bring your needle up to the surface of the fabric, and then down again, in the same place, leaving a loop.

Then bring your needle back up to the surface, inside the loop, a little way down – you can see that there is a small distance inbetween.





Gently pull your thread up through the fabric. You don't want to pull it too taught – keep it loose.

Well done – you've done your first chain!

You could either stop there (a detached chain stitch) and secure the stitch by going back down on the outer side of the loop.

Or, you can continue your chain.

Repeat the method above – but this time, you've already done the first step of coming up the fabric, so you need to go back down, in the same place, inside the loop – see picture above.

Come up in the top left, on the second line in from the left.

Stitch a straight stitch, at a shallow diagonal, down the right hand line as in the picture.



Then carry on with your chain, in the same way, in any direction you want!

