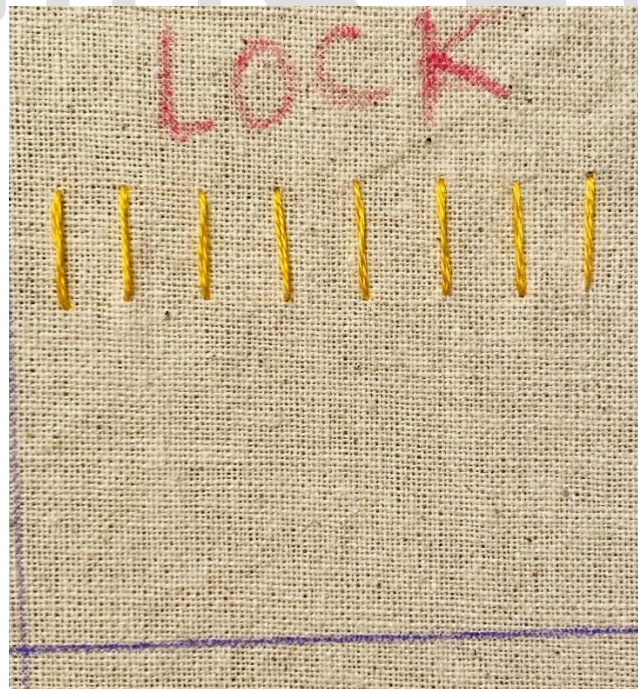


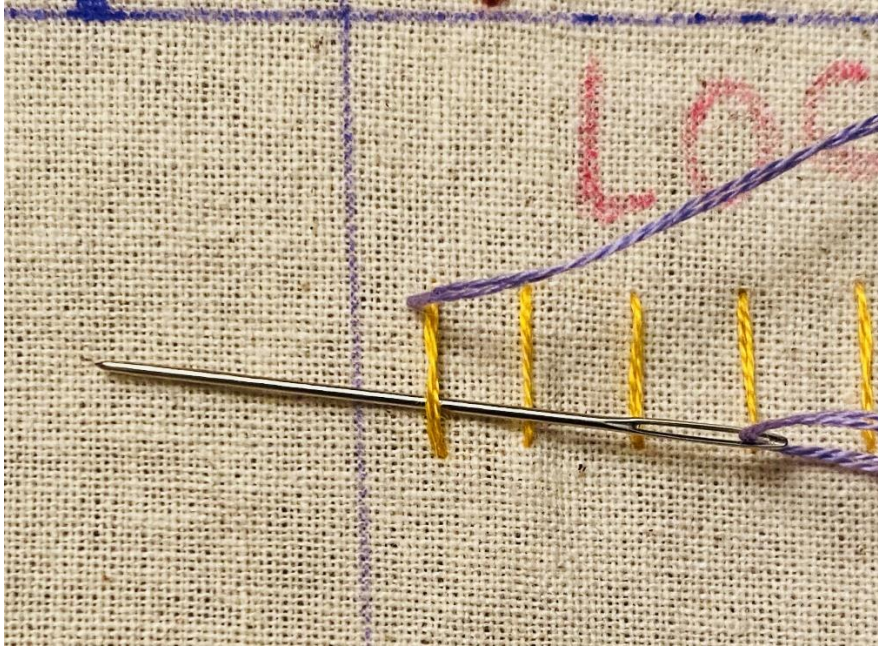
Lock Stitch



The lock stitch is a variation of the whipped running stitch.

Start by stitching a row of parallel, vertical straight stitches



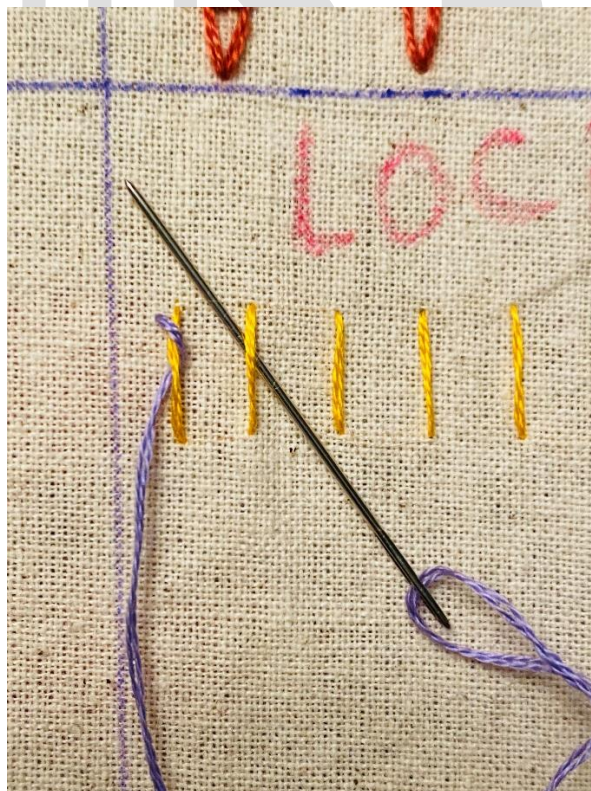


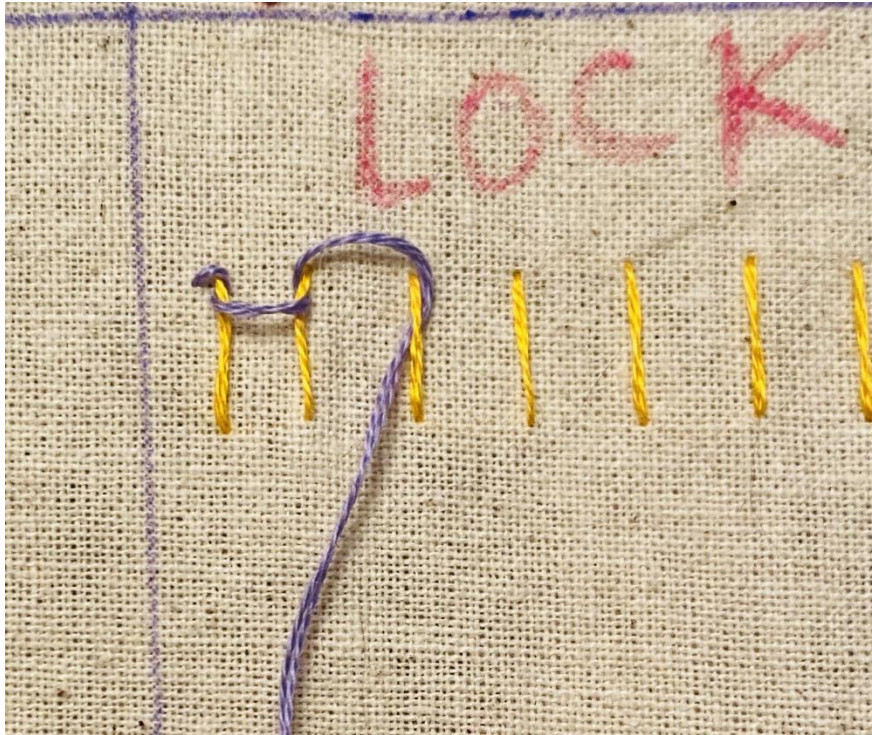
You may want to use a contrasting colour to do the 'whipping' so that you can see what you're doing, and also because it looks good!

Come up just to the left of the top of the left hand straight stitch.

Pass the needle under the stitch from the right to left.

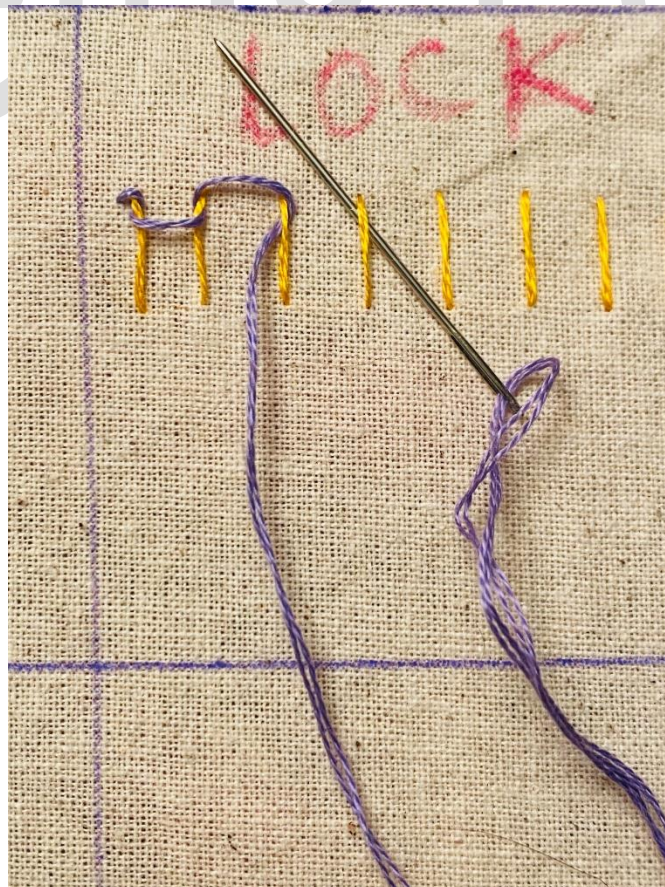
For the next stitch, bring the thread down to the bottom and then, once again, pass the needle underneath the next straight stitch from right to left. Having the thread at the bottom is important.

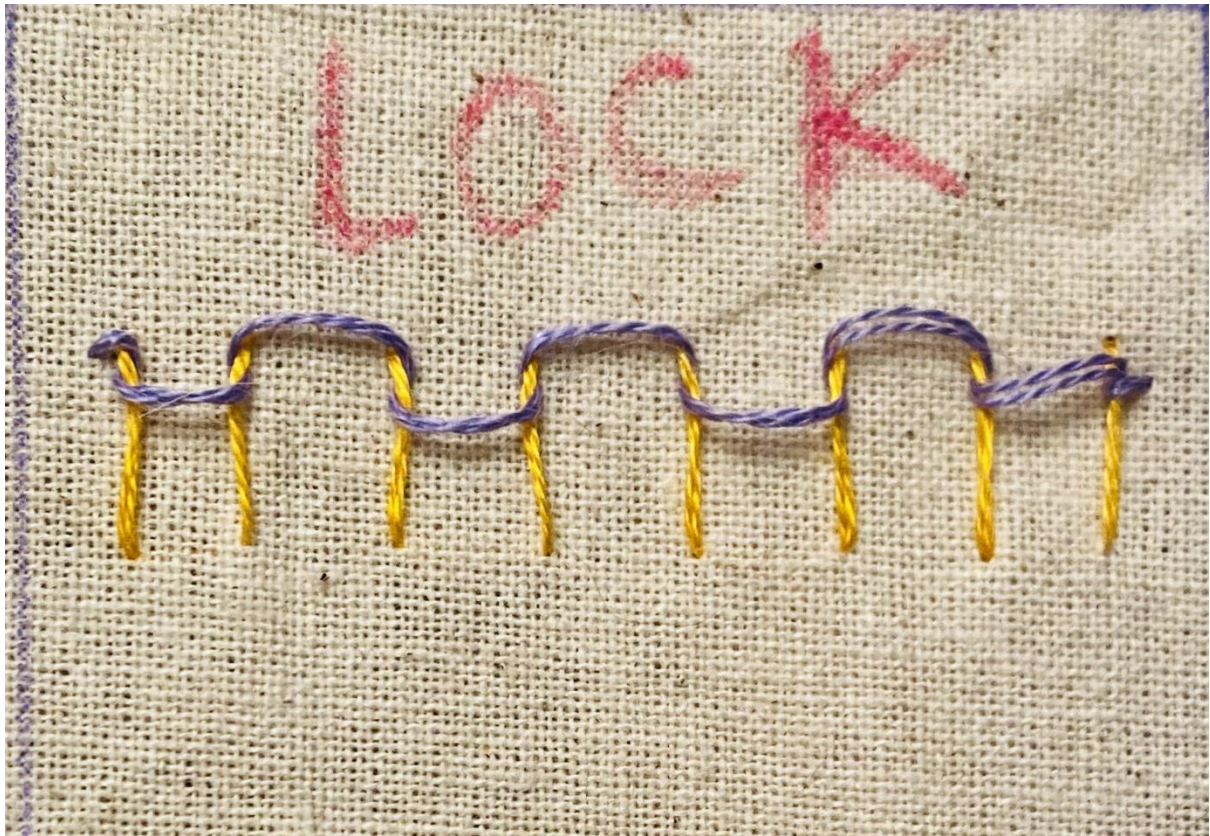




Once again pass the needle underneath the next straight stitch from right to left.

And carry on in the same way.....





Carry on like this until the end of the row of your straight stitches.

If your whipping doesn't look neat, you can use your needle to gently tease the whipping into place – crenellating – that is, making the stitches high then low then high then low – a bit like a castle!

Then play with the colours and size of stitches.

